

Still i run RUNSTREAKING

FOR MENTAL HEALTH

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

						1	2
3	4	5	6	7	8	9	
10	11	12	13	14	15	16	
17	18	19	20	21	22	23	
24	25	26	27	28	29	30	
31							

MAY 2026

Still i run RUNSTREAKING

FOR MENTAL HEALTH

START MAY 1ST



START MAY 1ST

FINISH MAY 31ST

31 MILES, 31 DAYS! MAY 1 - 31, 2026